



Accelerator VIP leadership coaching day

The EQ Impact Accelerator VIP Day offers a personalized, high-impact deep dive into emotional intelligence, giving leaders the tools to gain clarity, regulate emotions, improve communication skills, and make powerful decisions in real time. In just one day, you'll walk away with actionable strategies to elevate your leadership, improve relationships, and drive meaningful results—without the guesswork.

EQ Impact™ Accelerator VIP Day – Leadership Development Focus

What You'll Gain:

Emotional Intelligence Mastery: Understand and leverage the core components of emotional intelligence—self-awareness, self-regulation, motivation, empathy, and social skills—to navigate complex leadership challenges.

Advanced Communication Strategies: Build better communication frameworks for leading teams, delivering feedback, and influencing key stakeholders with clarity and confidence.

Conflict Resolution Techniques: Learn to manage high-stakes conversations and resolve conflicts within your team or organization, creating a harmonious and productive work environment.

Decision-Making with Emotional Insight: Develop the ability to make better decisions, especially under pressure, by tuning into your emotions and considering their impact on others.

Leadership Competencies Enhancement: Refine key leadership skills such as adaptability, strategic thinking, team management, and influencing skills that inspire teams to achieve high performance.

What Makes This Accelerator VIP Day Different?

We understand your busy schedule. Besides being one dynamic day, this is not just another generic coaching session. The **EQ Impact® Accelerator VIP Day** combines emotional intelligence with leadership competencies to create an experience that's both transformational and immediately actionable. You'll leave with a clear roadmap for achieving leadership excellence and emotional brilliance.



Schedule some time

I'm Ready!

One Day. Does this fit your schedule? No excuse for time.

Does this sound like you?

Who This VIP Day is For:

- ✓ **Mid-level to senior leaders** who want to strengthen their leadership competencies and emotional intelligence for greater influence, clarity, and impact.
- ✓ **Aspiring leaders** who are ready to take on more responsibility and need a solid foundation in leadership development and emotional mastery.
- ✓ **Executives** who want to sharpen their decision making and communication skills

By combining emotional intelligence with leadership competencies, the **EQ Impact™ Accelerator VIP Day** creates a powerful learning experience that directly ties into your leadership performance. You will walk away with not just strategies and tools, but the competence and confidence to implement them immediately.

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Leadership competencies we will address, but not limited too:

1. Self-Awareness

- *Example:* Understand your core leadership strengths and areas for growth.
- *Outcome:* Gain clarity on how to adjust your leadership style to various team dynamics and situations.

2. Influence and Persuasion

- *Example:* Learn strategies to influence key decision-makers and inspire your team to follow your vision.
- *Outcome:* Build trust and respect that strengthens your leadership position.

3. Strategic Thinking and Visioning

- *Example:* Develop the mindset to assess the big picture and make decisions that align with long-term objectives.
- *Outcome:* Make choices that push your organization towards its highest potential, even in complex scenarios.

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4. Team Collaboration & Motivation

- *Example:* Master the art of building high-performing teams and motivating others to reach shared goals.
- *Outcome:* Cultivate a culture of collaboration where team members thrive, are engaged, and take ownership.

5. Resilience and Adaptability

- *Example:* Strengthen your ability to navigate setbacks and change with poise.
- *Outcome:* Cultivate a resilient leadership style that keeps you and your team moving forward in the face of uncertainty.

How It Works

Pre-Session Discovery - Onboarding

- **Before the VIP Day**, we'll work together through conversation and assessments to identify your top leadership challenges, personal goals, and any specific competencies you want to develop.
- Onboarding and PreWork: 2/30 minute meetings prior to onsite coaching

Customized Leadership Session - 6 to 7 Hours

- **Dive deep** into your leadership style and emotional intelligence using hands-on tools and activities. Tailor specific strategies to enhance your leadership competencies and emotional regulation.
- Onsite (face-to-face) with participant (Program includes books, workbooks, etc)

Leadership Roadmap

- Walk away with a personalized action plan that addresses your current leadership gaps and sets a clear path for continued growth. This includes clear strategies and measurable outcomes

Post-Sessions

- 2 / 30 minute sessions to review thoughts, questions, and any outstanding items.
- 1st session is 3-weeks after VIP day, 2nd session a month thereafter

We think this is for you.



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